



## All traits

59 traits

Sort by: A to Z



NEW

**Competitiveness**

Likely to be competitive



...



NEW

**Desire to succeed**

Likely motivated by success



...



NEW

**Determination**

More determined



...



NEW

**Focus**

Likely to focus easily



...



NEW

**Goal setter**

Unlikely to be a goal setter



...



NEW

**Individual or team sports**

Likely to prefer team sports



...



NEW

**Leader**

Less likely to take the lead



...



NEW

**Optimist**

Unlikely to be an optimist



...



NEW

**Persistence**

Unlikely to be persistent



...



NEW

**Self-confidence**

Likely less self-confident



...



NEW

**Self-discipline**

More self-disciplined



...



NEW

**Trying new things**

Likely to enjoy trying new things



...



NEW

**Watching sports**

Unlikely to enjoy watching sports



...



**Alcohol flush**

Face does not flush



...



**Asparagus odor**

Able to smell asparagus metabolites



...



**Birth weight**

Below average



...



**Bitter sensitivity**

Unable to taste a certain bitter flavor



...



**Caffeine intake**

Likely to drink a lot more caffeine than average



...



**Cilantro aversion**

Likely to enjoy cilantro



...



**Cleft chin**

Likely to have a cleft chin



...



**Dancing**

Most likely to enjoy dancing



...



**Earlobes**

Unattached earlobes



...



**Earwax type**

Wet earwax



...



**Eye color**

Light eyes



...



**Facial hair fullness**

Genes for fuller facial hair



...



**Finger length**

Index finger longer than ring finger



...



**Freckles**

Unlikely to have any freckles



...



**Hair color**

Light hair



...



**Hair strand thickness**

Thin hair



...



**Hair type**

Straight hair



...



**Hangryness**

Unlikely to get hangry.



...



**Heart rate recovery**

Average recovery rate



...



**Introvert or extrovert**

Introvert



...



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Iris patterns

Furrows, crypts, and rings



Male hair loss

Genes for higher chance of hair loss



Morning or night person

Night person



Muscle fatigue

Muscles tire at an average rate



Omega-3

Average levels



Oxygen use

Above average ability to raise maximum oxygen use



Pet ownership

Unlikely to have a pet



Picky eater

Not a picky eater



Playing an instrument

Likely to play an instrument



Remembering dreams

Unlikely to remember dreams



Risk taking

Avoid taking risks



Skin pigmentation

Light to medium skin tone



Spicy foods

Likely to enjoy spicy foods



Sprinting

Likely an endurance runner



Sun sneezing

Non-sneezers



Sweet sensitivity

Extra sensitive





Taking naps

Nap taker



Tolerating dairy

Likely to tolerate dairy



Umami sensitivity

Less sensitive



Unibrow

No unibrow



Vitamin A

Average levels



Vitamin B12

Average levels



Vitamin C

Average levels



Vitamin D

Average levels



Vitamin E

Average levels



Wisdom teeth

Unlikely to develop all 4 wisdom teeth



### Genetics

Why do traits run in families? Take a quick lesson in genetics.

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### Around the world

Check out the regions where your traits are most common.

[Select a trait](#)

### Traits inheritance by parent

Your traits are influenced by DNA from both of your parents.

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These tests have no medical purpose. Nothing in these trait reports are a diagnosis of a health condition or medical disorder. These reports are not a substitute for medical advice. Before making any lifestyle or dietary changes, or if you have any questions about how your genetic profile might relate to your health or wellness, please contact your healthcare provider.

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