

Halloween-natta

2023-10-24

Hans Sundgren, H21F

Västerås RK

Start: 17:46:21, Mål: 18:44:27

Status: Godkänd, Tid: 58:06 (36:46 min/km)

| Kontroll | Tid | | | min/km |
|----------|-------|----------|-------|--------|
| 1. (71) | 5:31 | 17:51:52 | 5:31 | 34:15 |
| 2. (87) | 6:34 | 17:58:26 | 12:05 | 47:55 |
| 3. (151) | 7:59 | 18:06:25 | 20:04 | 40:19 |
| 4. (82) | 13:10 | 18:19:35 | 33:14 | 40:08 |
| 5. (155) | 7:25 | 18:27:00 | 40:39 | 28:12 |
| 6. (100) | 12:20 | 18:39:20 | 52:59 | 35:32 |
| Mål | 5:07 | 18:44:27 | 58:06 | 34:20 |

Tidsförluster (kontroll/tid): 1/0:37, 2/0:52,
4/2:29, 5/1:26, 6/2:23.

Placering: 3, +23:51

Resultat

1. Kjell Lindberg (Västerås SOK), 34:15
2. Jan Burell (OK Enen), 35:57
3. Hans Sundgren (Västerås RK), 58:06