



Nordic ARDF Championship 2015
Nordisk Mesterskap Radioorientering 2015



Sundgren Hans

Welcome to Lillehammer Hans

This information is your guide for the weekend's competitions. We hope that you will enjoy the stay and find the courses challenging in the Norwegian forest.

There might be changes and updates; you will find this information either in the hotel lobby at the event centre or on your webpage www.radioorientering.no. Please don't hesitate to call us if you have questions and don't find the information you need.

Your registration information

Name	Start number	EMIT EKT	Competition fee:
Sundgren Hans , SM5SVM	31	220039 Rent	500 NOK

EMIT electronic punching backup labels

You have received three yellow paper labels for each competition to be attached to the back of the EMIT badge. They should be secured with a piece of tape. Firmly press the EMIT badge labels downwards to the punch unit to make a stamp in the paper. The organizer have spare labels.



Remember to clear the EMIT EKT unit before start. The clear unit is marked as "Start". (There is no need for "Clear check with EMIT").

Maps

You will get all maps before the competitions. Please make sure that you bring the correct maps with you to start.

Sprint and youth 2m Friday 7th August

The area around the event centre is used for sprint. **Note!** There is an embargo around the hotel from 12.00 to 16:00. Youth race starts from the finish.

Receivers shall be collected no later than 15:30 on the opposite side of the road at the start.

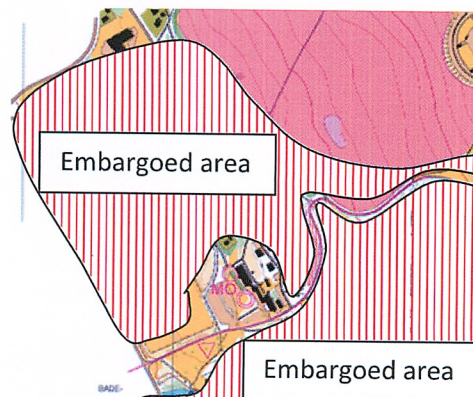
Technical info Sprint

Frequency controls	1-5	3510 kHz
Frequency control	S	3540 kHz
Frequency controls	1F-5F	3570 kHz
Frequency control	beacon	3600 kHz

Technical info 2m youth - beginner

Frequency controls	1-3	144.600 MHz
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Note! Mechanical punching for youth 2m





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2m Nordic Championship, Saturday 8th August

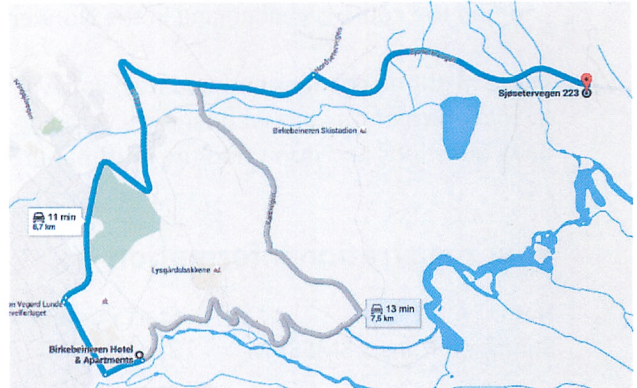
Transport by car to start from hotel at 12:45.
Limited parking so co-driving is required. Youth
race starts at finish area and can go straight there.

Receivers are to be collected no later than 13:30

Frequency controls 1-5 144.600 MHz
Frequency control beacon 144.750 kHz

80m youth - beginner

Frequency controls 1-3 3566 kHz
Note! Mechanical punching for youth 80m



Clothes will be transported to finish by the organizers. Pick-up of cars by the organisers of use a shorter road through the map to fetch the car by your own. Transport to hotel by own car or walk (2.2km).

Price award ceremony: Depending on the weather will the ceremony be held before the Ham dinner at the event centre, about 18:00.

HAM dinner

From 18:00 will there be dinner at the Bryggerikjelleren Restaurant, Address: Elvegata 19.
Note! The dinner will be paid direct to the restaurant, 320NOK + what you drink.

80m Nordic Championship, Sunday 9th August

Transport by car to start from hotel approx. 7:45. Destination is Sjusjøen Skisenter, 30min drive.
Note! There might be a parking fee at Sjusjøen.

Receivers are to be collected no later than 8:30



Frequency controls 1-5 3570 kHz
Frequency control beacon 3551 kHz
Finish details will be marked at start.

The competition will finish with a price ceremony approximately at 12:30.
There is an open cafe as Sjusjøen Skisenter.

Contact:

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